

PE						
Year	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Readiness for PE		Games	Dance	Games	Gym
			Forest School	Forest School	Forest School	Forest School
1	Dance - Unit 1	Gymnastics – Unit D Flight, bouncing, jumping and landing	Dance – Unit 2	Gymnastics – Unit E Points and patches	Dance – Unit 4	Gymnastics – Unit F Rocking and rolling
	Games - Unit 1 Focus on ball skills and games	Forest School	Games – Unit 2 Throwing and catching – aiming games	Forest School	Games – Unit 3 Bat/Ball skills and games	Games – Unit 4 Developing partner work
2	Dance – Unit 1	Gymnastics – Unit I Pathways, straight, zig-zag and curving	Gymnastics – Unit J Turning, spinning and twisting	Dance – Unit 3	Gymnastics – Unit K Linking movements together 4	Dance – Unit 4
	Gymnastics – Unit H Parts high and parts low	Games – Unit 1 Throwing and catching – inventing games	Games - Unit 2 Making up a game	Games – Unit 3 Dribbling, kicking and hitting	Games – Unit 4 Group games and inventing rules	Forest School
3	Outdoor and adventurous	Gymnastics - Unit L Stretching, curling and arching	Swimming	Swimming	Games – Unit 3 Net/Court/Wall games	Games – Unit 4 Striking/fielding games
	Games – Unit 1 Invasion games	Dance –Unit 1	Gymnastics - Unit N Pathways	Dance – Unit 2	Forest School	Athletics Unit 1
4	Outdoor and Adventurous	Gymnastics - Unit P Balancing	Swimming	Swimming	Forest School	Athletics Unit 1
	Dance – Unit 1	Games – Unit 1 Net/Court/Wall games	Gymnastics - Unit S Rolling	Dance – Unit Viking Dance	Games – Unit 3 Invasion games	Games – Unit 4 Striking and fielding games